

Macatawa Bay MS Orchestra Practice Journal

Name:	Week Beginning:
How many times did you play outside of class this week?	0 1 2 3 4 5 6 7+
Circle what strategies you used while practicing:	Slow practice Metronome Tuner Scales Marking music Vibrato Exercises Repetition Play for others Drones Recording yourself Playing in a mirror Isolating difficult parts
What were your goals this week?	
What have you improved on?	
What do you still need to work on?	

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